

ETHIRAJ COLLEGE FOR WOMEN (Autonomous)

Chennai – 600 008

Affiliated to the University of Madras
College with Potential for Excellence
Re-accredited with A Grade by NAAC



3.4.1

Presence of Ethics Committee

ETHIRAJ COLLEGE FOR WOMEN (AUTONOMOUS) CHENNAI
DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS

INDEPENDENT ETHICS COMMITTEE

Chairperson	: Dr. Jahan Aara Razick M.Sc, DHed, Ph.D.
Co-Chairperson	: Dr. N. Malathi, M.Sc., M.Phil., Ph.D.
Member Secretary	: Mrs.Varalakshmi Rajam. S, M.Sc., M.Phil.
Members	: Dr. R.K. Maya, M.A, Ph.D.
	Dr. K. Baraneedharan, M.D.
	Mr. K.Sasisekaran, B.Sc., B.L.

To
The Principal Investigators,
Department of Clinical Nutrition and Dietetics,
Ethiraj College for Women,
Chennai – 600008.

**Sub: Independent ethics committee approval for the conduct of the study
“Acceptability of fermented pearl millet based recipes among adolescent girls” as per
the protocol dated 6th December 2017.**

Name of the Principal Investigator : Ms. V.S. Yuvarani
Mrs. Bavani Pazhani., M.Sc., M.Phil.

Address : Department of Clinical Nutrition and Dietetics,
Ethiraj College for Women,
Chennai – 600008.

Dear Ms. V.S. Yuvarani and Mrs. Bavani Pazhani., M.Sc., M.Phil.

The Independent Ethics Committee Meeting held on 06.12.2017 the following members were present during the meeting.

S.No	Name	Specialty and Affiliation	Gender
1	Dr. Mrs. Jahan Aara Razick	Associate Professor and Head Department of Home Science Justice Basheer Ahmed Sayeed College for Women, Chennai.	Female
2	Dr. N. Malathi	Associate Professor, Department of Home Science Quaid-E-Millath Govt College, Chennai.	Female
3	Dr. K. Baraneedharan	Consultant Diabetologist, Global Hospital, Chennai.	Male
4	Dr. R.K. Maya	Assistant Professor, Department of History and TTM, Ethiraj College for Women, Chennai.	Female
5	Mr. K. Sasisekaran	Advocate and Notary	Male
6	Mrs. Varalakshmi Rajam. S	Associate Professor and Head Department of Clinical Nutrition and Dietetics, Ethiraj College for Women, Chennai.	Female

S. Kothari
PRINCIPAL
ETHIRAJ COLLEGE FOR WOMEN
(AUTONOMOUS)
CHENNAI-600 008

ETHIRAJ COLLEGE FOR WOMEN (AUTONOMOUS) CHENNAI
DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS
INDEPENDENT ETHICS COMMITTEE

Chairperson	:	Dr. Jahan Aara Razick, M.Sc., DHEd., Ph.D.
Co-chairperson	:	Dr. Malathi.N, M.Sc., M.Phil., Ph.D.
Member Secretary	:	Mrs. Varalakshmi Rajam. S, M.Sc., M.Phil.
Members	:	Dr. Maya.R.K, M.A., Ph.D.
	:	Dr. Baraneedharan. K, M.D.
	:	Mr. Sasisekaran.K, B.Sc., B.L

The Independent Ethics Committee has reviewed and approved the following documents:

The protocol dated, 6th December, 2017

The informed consent in English dated, 6th December 2017


Please keep the Independent Ethics Committee informed about any deviations/changes made to the protocol and all the adverse events that are both serious and unexpected or any new information that may affect adversely the safety of the subjects participating in the trial. You are also obliged to inform the progress of the study to the Ethics Committee.

Dr. Jahan Aara Razick


Chairperson, Ethics committee

Mrs. Varalakshmi Rajam. S

Member Secretary, Ethics Committee


Signature with Date

Dr. (Mrs.) Jahan Aara Razick
Associate Professor
Staff
Child Development Centre
Department of Clinical Nutrition and Dietetics
JBAS
Chennai-600 008.


Signature with Date
S. Kothari
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ETHIRAJ COLLEGE FOR WOMEN (AUTONOMOUS), CHENNAI
DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS
INDEPENDENT ETHICS COMMITTEE

Chairperson : **Dr. Malathi, M.Sc., M.Phil., Ph.D.**
Co-Chairperson : **Mrs. Sachdev Meenakshi, M.Sc., PGDND**
Member Secretary : **Mrs. Varalakshmi Rajam. S, M.Sc., M.Phil.**
Members : **Dr. Maya, M.A., Ph.D.**
Dr. K. Baraneedharan, M.D.
Mr. Sasisekaran, B.Sc., B.L

To

The Principal Investigators,
Department of Clinical Nutrition and Dietetics,
Ethiraj College for Women
Chennai – 600008

Sub: Independent Ethics Committee Approval for the Conduct of the study “A study on physico chemical parameters, nutritive value, shelf life and acceptability of cold pressed sesame oil as per the protocol taken on 13th February 2017.

Name of the Principal Investigators : **Ms. Shantha Rajamani, Research Scholar**
: **Mrs. Stella Sherry, M.Sc., M.Phil.**
Assistant Professor

Address : Department of Nutrition, Food service Management
and Dietetics.
Ethiraj College for Women
Chennai – 600008

Dear Ms. Shantha Rajamani and Mrs. Stella Sherry, M.Sc., M.Phil.
The independent ethics committee meeting held on 13.02.2017 and the following members were present during this meeting.

S. No.	Name	Speciality and Affiliation	Gender
1	Dr. Malathi	Associate Professor, Department of Home Science, Quaid-E-Millath Govt College, Chennai.	Female
2	Mrs. Sachdev Meenakshi	Chief Dietician, Tamil Nadu Government Multi-Super-Specialty Hospital, Chennai.	Female
3	Dr. K. Baraneedharan	Consultant Diabetologist, Global Hospital, Chennai.	Male
4	Dr. R.K. Maya	Assistant Professor, Department of History and TTM, Ethiraj College for Women.	Female
5	Mr. K. Sasisekaran	Advocate and Notary	Male
6	Mrs. S. Varalakshmi Rajam	Assistant Professor and Head, Department of Clinical Nutrition and Dietetics, Ethiraj College for Women, Chennai	Female

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ETHIRAJ COLLEGE FOR WOMEN (AUTONOMOUS), CHENNAI
DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS
INDEPENDENT ETHICS COMMITTEE

Chairperson : Dr. Malathi, M.Sc., M.Phil., Ph.D.
Co-Chairperson : Mrs. Sachdev Meenakshi, M.Sc., PGDND
Member Secretary : Mrs. S. Varalakshmi Rajam, M.Sc., M.Phil.
Members : Dr. R.K.Maya, M.A., Ph.D.
Dr. K. Baraneedharan, M.D.
Mr. Sasisekaran, B.Sc., B.L.


The Independent Ethics Committee has reviewed and approved the following documents:

- The protocol dated 13th February 2017
- The informed consent in English dated 13th February 2017

Please keep the independent ethics committee informed about any deviation/changes made to the protocol and adverse events that are both serious and unexpected or any new information that may affect adversely the safety of the subjects participating in the trial. You are also obliged to inform the progress of the study to the ethics committee.

Dr. Malathi


Chairperson, Ethics Committee



Signature with date 22/8/17

Dr. N. MALATHI, M.Sc., M.Phil., Ph.D.
Associate Professor
Department of Home Science
Quaid-E-Millath Govt. College for Women (A)
Chennai - 600 002

Mrs. Varalakshmi Rajam. S

Member Secretary, Ethics Committee


Signature with date 8/9/17


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Tmt. Varalakshmi Rajam. S., M.Sc., MPhil
Head of the Department
Department of Clinical Nutrition
and Dietetics (Self Supporting)
Ethiraj College for Women
Chennai - 600 008.



சித்தமருத்துவ மைய ஆராய்ச்சி நிலையம்
(மத்திய சித்த மருத்துவ ஆராய்ச்சிக் குழுமம், ஆயுஷ் அமைச்சகம், இந்திய அரசு)

सिद्ध केंद्रीय अनुसन्धान संस्थान

(सी सी.आर.एस., चेन्नई, आयुष मंत्रालय, भारत सरकार), अण्णा सरकारी अस्पताल परिसर, अरुम्बावकम, चेन्नई - 600106

SIDDHA CENTRAL RESEARCH INSTITUTE

(Central Council for Research in Siddha, Chennai, Ministry of AYUSH, Government of India)
Anna Govt. Hospital Campus, Arumbakkam, Chennai - 600106, E-mail: crisiddha@gmail.com
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Animal House Registration No. 512/GO/R/S/01/CPCSEA, Dated 31/10/2001

Institutional Animal Ethics Committee

IAEC Number	202/Pharma-SCRI/2019	IAEC Approval Date	30.03.2019
IAEC Renewal Date	14.08.2020	Date of Expiry	13.08.2021

This is to certify that the project entitled "A study on anti-ulcerogenic effect of sprouts of *Cocos nucifera* L. against indomethacin-induced gastric ulcer in experimental rats" submitted by Abiraami Valli. S, Ph.D. Research Scholar, has been renewed in the 33rd IAEC meeting held on 14.08.2020 at Siddha Central Research Institute.

This project has been **APPROVED & RENEWED**

Details of the animals approved for the entire study:

Animal	Strain	Sex	No. of Animals
Rat	Wistar	Male	18 Nos
Rat	Wistar	Female	18 Nos
Total			36 Nos

Signature with Date

Dr. P. Sathiyarajeswaran
IAEC, Chairman

Signature with Date

Dr. G. Dayanand Reddy,
IAEC, Member Secretary

Signature with Date

Shri.K.R. Navaneetha Krishnan
CPCSEA, Nominee

S. Kotarai

PRINCIPAL
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CHENNAI-600 008.

21-Aug-2021

To,
Dr Sujatha M,
Dean of Academics, Associate Professor & Head,
Dept of Biochemistry,
Ethiraj college for women,
Chennai.

Sub: Protocol Number: **ARC/IEC/Others/001/2021**
Protocol title: **Health Implication of PCOS in Urban College Girls - opinion letter**

Dear Dr Sujatha M,

The ARCIEC meeting was held on **10-Aug-2021** and discussed the above-mentioned protocol. Following is the list of documents that were submitted for review,

1. Protocol
2. Participant Information Sheet
3. Informed Consent Form
4. Proforma/ Questionnaire
5. CV of study team

After reviewing the above documents, the IEC had the following suggestions,

- a) To include diagnosis of PCOS in Materials and Methods section, according to Rotterdam criteria
- b) In Protocol, under section "c. Methods & Procedures", it is mentioned as "CrP & Lipid profile" as Cardiac Markers. Change that to "Lipid profile"
- c) Suggested to have a clinician in the study
- d) To change the format for Informed Consent Form (ICF) and Patient Information Sheet (PIS) as per ICMR guidelines
- e) To safeguard the participants safety, it is recommended to have unique patient ID instead of patient name in Questionnaire
- f) To provide MoU between the Institution and Thyrocare (External service provider) – MoU should cover the details of Services requested, Duration, Purpose and how identity of the participants are maintained
- g) To include source of funding and cost involved for the procedures that are involved in study in the protocol
- h) To provide the rationale for sample size. It is suggested to increase study population.

ARCIEC **conditionally approves** the above-mentioned study in its presented format, provided the PI clarifies the above suggestions to the satisfaction of the IEC.

For all communications with ARCIEC related to this study, you are requested to mention the ARCIEC number.



Thanks & Regards,
Mrs Sarguna devi.

Regd. : # 22/2, ESI Hospital Road, Peravallur, (Perambur), Chennai - 600 011

Tamil Nadu | Puducherry | Kerala | Andra Pradesh | West Bengal | Sri Lanka

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S. Kothari
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CHENNAI-600 008.

21-Aug-2021

To,
Dr Sujatha M,
Dean of Academics, Associate professor & Head,
Dept of Biochemistry,
Ethiraj college for women,
Chennai.

Sub: Protocol Number: ARC/IEC/Others/002/2021
Protocol title: **Study on the levels of Phthalate thyroid hormones Estrogen and Progesterone in long term plastic using women participants - opinion letter**

Dear Dr Sujatha M,

The ARCIEC meeting was held on **10-Aug-2021** and discussed the above-mentioned protocol. Following is the list of documents that were submitted for review,

1. Protocol
2. Participant information sheet
3. Informed consent form
4. Proforma / Questionnaire
5. CV of study team

After reviewing the above documents, the IEC had the following queries,

- a) To evaluate S. Estradiol and S. Progesterone on Day2 or Day3 of menstrual cycle
- b) To consult and include an Obstetrician and Gynecologist in the study for the tests to be performed that are involved in the study
- c) To change the format for Informed Consent Form (ICF) and Patient Information Sheet (PIS) as per ICMR guidelines
- d) To safeguard the participants safety, it is recommended to have unique patient ID instead of patient name in Questionnaire
- e) To provide MoU between the institution and Thyrocare (External service provider) – MoU should cover the details of Services requested, Duration, Purpose and how identity of the participants are maintained.
- f) To include financial support provider and cost involved for the procedures that are involved in study in the protocol
- g) To provide the rationale for total subjects' calculation. It is suggested to increase study population to arrive at a decision that represent the whole community.

ARCIEC **conditionally approves** the above-mentioned study in its presented format, provided the PI clarifies the above suggestions to the satisfaction of the IEC.

For all communications with ARCIEC related to this study, requested to mention the ARCIEC number.

Thanks & Regards,
Mrs Sargunda devi



Regd. : # 22/2, ESI Hospital Road, Peravallur, [Perambur], Chennai - 600 096

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